



Appendix 2

This appendix was part of the submitted manuscript and has been peer reviewed. It is posted as supplied by the authors.

Appendix to: Garcia J, Dunford EK, Sundstrom J, Neal BC. Changes in the sodium content of leading Australian fast-food products between 2009 and 2012. *Med J Aust* 2014; 200: 340–344. doi: 10.5694/mja13.10049.

Appendix 2: Mean and change in sodium content of products served between 2009 and 2012 by leading Australian fast food companies in mg/100 g and mg/serve.

Fast Food Company	Year				Difference (mg Na) between 2009 and 2012 (95% CI) ¹	Average change (mg Na) per year across 2009, 2010, 2011 and 2012 (95% CI) ²
	2009	2010	2011	2012		
Domino's (n)	122	132	170	151		
Mean Na mg/100g (range)	569 (355-1280)	540 (169-1280)	504 (241-896)	492 (241-896)	-77 (-105 to -49)	-22 (-26 to -17)
Mean Na mg/serve (range)	431 (122-856)	433 (122-1464)	553 (37-2222)	370 (122-1820)	-61 (-95 to -28)	-9 (-14 to -5)
Hungry Jack's (n)	32	45	42	44		
Mean Na mg/100g (range)	502 (309-700)	511 (139-758)	480 (139-724)	470 (38-684)	-32 (-88 to +24)	-9 (-15 to -4)
Mean Na mg/serve (range)	991 (289-1653)	1065 (289-2514)	964 (181-2246)	926 (34-2179)	-65 -264 to (+134)	-42 (-54 to -30)
KFC (n)	29	39	32	35		
Mean Na mg/100g (range)	522 (234-811)	516 (234-811)	537 (234-864)	482 (101-868)	-40 (-127 to +47)	-17 (-22 to -12)
Mean Na mg/serve (range)	1018 (257-2497)	1004 (152-2497)	1045 (152-2497)	871 (160-2065)	-147 (-385 to +89)	-43 (-57 to -29)
McDonald's (n)	56	48	56	50		
Mean Na mg/100g (range)	438 (14-774)	405 (1-737)	416 (1-737)	420 (1-729)	-18 (-79 to +42)	-4 (-8 to -1)
Mean Na mg/serve (range)	764 (18-1680)	682 (1-1690)	708 (1-1748)	702 (1-1660)	-62 (-201 to +76)	-5 (-9 to -1)
Pizza Hut (n)	32	33	33	54		
Mean Na mg/100g (range)	594 (287-890)	591 (287-890)	596 (287-890)	584 (348-848)	-10 (-63 to +43)	+2 (-2 to +5)
Mean Na mg/serve (range)	470 (228-677)	489 (228-1083)	481 (228-820)	677 (254-3001)	+207 (+44 to +370)	+44 (+11 to +77)
Subway (n)	31	51	48	45		
Mean Na mg/100g (range)	358 (25-684)	351 (1-623)	339 (25-623)	314 (25-578)	-44 (-113 to +25)	-13 (-19 to -7)
Mean Na mg/serve (range)	830 (77-1580)	769 (1-1440)	746 (79-1439)	676 (79-1121)	-154 (-310 to +3)	-35 (-51 to -18)
Overall (n)	302	348	381	379		
Mean Na mg/100g (range)	514 (14-1280)	492 (1-1280)	478 (1-896)	471 (1-896)	-43 (-66 to -20)	-14 (-16 to -11)
Mean Na mg/serve (range)	654 (18-2497)	667 (1-2514)	680 (1-2497)	605 (1-3001)	-49 (-108 to +10)	-21 (-25 to -16)

Na=sodium, mg=milligrams, g=grams, CI=confidence interval.

¹Estimates derived from unpaired t-tests comparing 2009 to 2012

²Estimates derived from mixed models including data from 2009, 2010, 2011 and 2012